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Erasmus+
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INFOPACK

ForImp

Forum and Improvisation Theatre Meet Youth Work

Mobility Projects for Youth Workers - Training Course

5 - 11 April 2027

Limoges, Haute-Vienne, Nouvelle-Aquitaine, France



ABOUT CASA COLUMBA

Casa Columba is a non-profit association established in 2016 and located in Limoges.

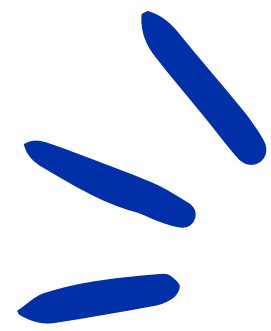
Its mission is to strengthen and foster civic engagement, solidarity, and international mobility through the implementation of non-formal education projects for youth.

The association is accredited under the European Solidarity Corps as both a support and lead organisation. It aims to organise events related to Europe, intercultural dialogue, and solidarity, while raising awareness of international mobility opportunities for youth.

The association also encourages, develops, and promotes theatre as a tool for education and personal development. It supports youth organisations and young people through the use of theatrical techniques.

More info [HERE](#)





ABOUT THE TRAINING COURSE



The project ForImp “Forum and Improvisation Theatre Meet Youth Work” is a training course to equip youth workers with improvisation and forum theatre methods so that they can use these approaches with their youth community.

Improvisational theater is a powerful tool for social inclusion and professional integration. Through its participatory and immersive methods, it enables participants to develop social skills, self-confidence, and emotional expression. These skills are essential for employability and reintegration, and social theater can enhance the employability and soft skills among young people, particularly those facing difficulties.

Forum theatre is a tool for popular education and social transformation, developed by Augusto Boal in the 1970s. It enables participants to experiment and become active agents in resolving social problems. It fosters collective analysis, debate, and the testing of solutions through the enactment of concrete situations involving power dynamics between one or more "oppressors" and one or more "oppressed" individuals.

The goal of forum theatre is to make visible the mechanisms at play in a given situation—such as power dynamics, attitudes, discrimination, and injustices—and to analyze the points where progress is blocked. By inviting the audience to intervene directly on stage, it fosters an understanding of the issues, the expression of diverse viewpoints, and the exploration of concrete courses of action.

The training course will be highly interactive.

Participants will discover or rediscover a variety of improvisation practices, including exercises, simulations, and improv games; discover or rediscover forum theatre through team-building exercises, storytelling, staging, and acting.

Throughout the training, participants will alternate between the roles of workshop facilitator and participant. The aim is to experience—or re-experience—the activities that they will later facilitate with young people.

AIMS

To empower youth worker with tools and methods based on improvisation and forum theatre to use on their own youth community.

To promote and use forum theatre and improvisation as tools for education, participation, and inclusion

To create partnerships for future European projects linked to theatre, youth and inclusion

To pass on and share the learning from this training with the community

To learn how to design and lead an improvisation and forum theatre workshop for young people

WHAT CAN YOU FIND IN THIS TRAINING COURSE?

- An introduction to Forum Theatre (Theatre of the oppressed) and Improvisation Theatre.
- Methodologies and advice on designing and leading an improvisation and forum theatre workshop for young people, and particularly young people with special needs.
- Variety of improvisation practices, including exercises, simulations, and improv games.
- Forum theatre through team-building exercises, storytelling, staging and acting.
- Throughout the training, participants will alternate between the roles of workshop facilitator and learner. The aim is to experience—or re-experience—the activities that they will later facilitate with young people.
- Presentations of the various associations to build partnership.



PROGRAMME

	5 April	6 April	7 April	8 April	9 April	10 April	11 April
7-9	A R R I V A L O F P A R T I C I P A N T S	Breakfast					
9-10		Introduction to the TC Get to know each other	Themed workshop Improv Theatre	Workshop presentation Improv theatre	Introduction to forum theatre	Theatre forum Staging	D E P A R T U R E D A Y
10 -11		Get to know each other and the organizations	Themed workshop Improv Theatre	Workshop presentation Improv theatre	Exercises of forum theatre	Theatre forum Presentation	
11 -11:20		Coffee Break					
11:20 - 12:30		Organizations and Partnerships Fair	Themed workshop Improv theatre	Workshop presentation Improv theatre	Exercises of forum theatre	Theatre forum Presentation	
12:30 - 14		Lunch					
14-15		Introduction to improv theatre	Workshop preparation Improv theatre	City tour	Theatre forum Storytelling	Theatre forum Debriefing	
15-15:20		Coffee Break					
15:20 17:30			Exercises of improv theatre	Workshop preparation Improv theatre	Free time	Theatre Forum Staging	
19:00	Dinner						

THE TRAINERS

**ELISA
MAZIERE**



She has been working as a coordinator of European youth mobility projects for 15 years, primarily on volunteering projects such as the ESC (European Solidarity Corps), Service Civique, Youth Exchange and Training Course with Erasmus+.

She has also been a trainer specializing in applied improvisation and forum theatre since 2023, she has practiced improv since 2019. She holds a qualification in “designing and leading theatrical improvisation workshops in institutions”.

Since 2022, she has given workshops for youth organizations (for young people and youth workers). She has worked with diverse audiences as NEETs, LGBTQ+ and young people with fewer opportunities.

More info [HERE](#)

He is a trainer specializing in applied improvisation, with a practice of theatrical improv since 2003. This long-term experience has honed his ability to act effectively in any situation. After 20 years in the aeronautics industry, a 3 year skills sponsorship program inspired him to create his own training business.

During this period, he designed and facilitated workshops for diverse and vulnerable audiences, including individuals with disabilities, those in social integration programs, youth in educational centers, detention facilities and medico educational institutes. This experience allowed him to refine and adapt improvisation theatre tools, demonstrating exceptional versatility in addressing the needs of various groups.

**CHRISTOPHER
HENDRIX**





PROFILE OF PARTICIPANTS



The training course will take place
in Limoges, France, from 5 to 11 April 2027

and it will bring together a group of 14 youth workers from 7 partner countries.

This training is designed for youth workers, managers, trainers, coordinators, and educators in the non-formal education sector who wish to improve how they support and include young people through improvisational theatre and forum theatre.

We are looking for participants who are

- over the age of 18 years.
- have a good level of English, all participants should speak and understand English.
- have residency in the sending country.
- the sending organization should take care of gender diversity.
- should already be involved in youth work (youth workers, managers, trainers, coordinators, educators...).
- should be willing to share their knowledge with their colleagues and youngsters once they return home.
- should be interested in developing follow-up international projects and promoting the Erasmus+ programme.
- have an interest in and curiosity about theatre as an educational tool and be willing to learn theatre techniques;

This training course will be highly active and dynamic; participants should be willing to participate actively in all sessions and will commit to doing so.

Throughout the training, participants will alternate between the roles of workshop facilitator and participant. The aim is to experience—or re-experience—the activities that they will later facilitate with young people.

No previous experience in acting or improvisation is required. The objective is not to train actors or improvisers, but to provide participants with practical tools to guide groups towards specific educational objectives.

PARTICIPATING COUNTRIES

Country	Number of participants
 France	2 participants + 2 trainers
 Estonia	2 participants
 Hungary	2 participants
 Spain	2 participants
 Italy	2 participants
 Serbia	2 participants
 Turkey	2 participants
TOTAL	14 participants + 2 trainers

WHAT WE OFFER

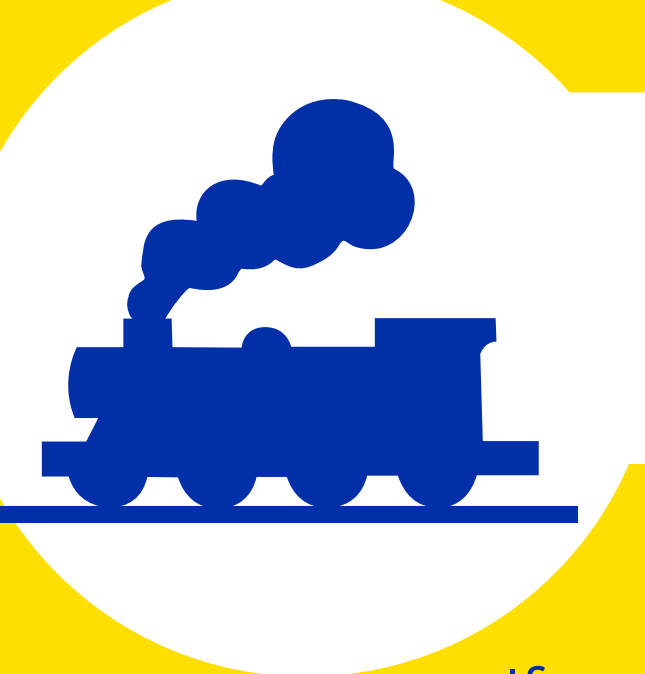
Thanks to the financial support of the Erasmus+ Program, we offer the following conditions:

Food and accommodation during the training course will be provided.

Travel costs will be reimbursed after the end of the training course, up to an agreed limit depending on the sending country:

Travel distance	Green travel	Non-Green travel
10 – 99 km	56 EUR	28 EUR
100 – 499 km	285 EUR	211 EUR
500 – 1999 km	417 EUR	309 EUR
2000 – 2999 km	535 EUR	395 EUR
3000 – 3999 km	785 EUR	580 EUR

Please check your distance
[HERE](#)



TRAVEL



GREEN TRAVEL

If you are traveling exclusively with sustainable means of transportation such as train and buses, you are granted the green travel budget, which is a bit higher. Keep in mind that this applies **ONLY** if you use sustainable means of transportation and **NOT** if you use airplane.

REFUND

Travel costs will be reimbursed to you / your organization **after the project**, and it might take some time. Also, when buying the tickets, bear in mind that **there is a fixed maximum amount reimbursable for your individual trip costs**. The sum, set by the European distance calculator, is for return tickets and covers the travel costs from the participants' home to Limoges.

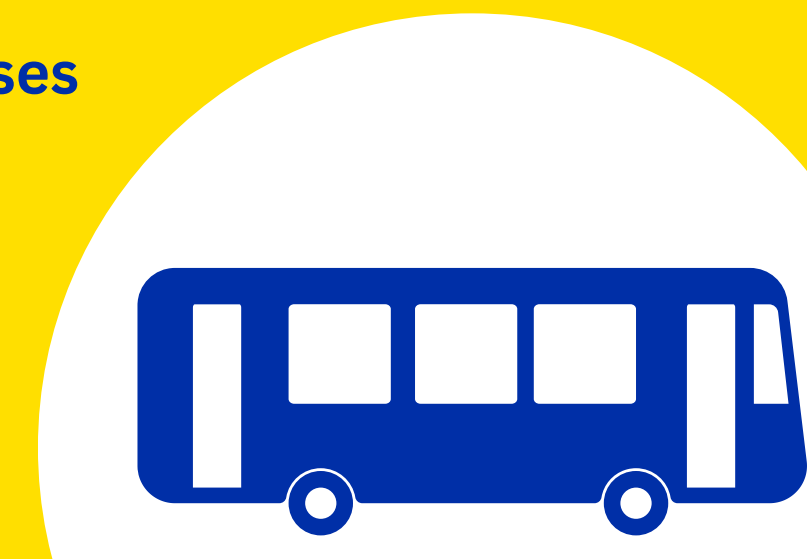
Participants themselves will cover travel costs exceeding the maximum reimbursable amount.

IMPORTANT

In order to reimburse you, we need all original invoices, tickets and boarding passes you will use during your trip.

WITHOUT THESE DOCUMENTS WE WON'T BE ABLE TO REIMBURSE YOU.

All travel documents must include your name and surname, the date of travel, the origin and destination of the journey, and the price.



THE VENUE: LIMOGES (FRANCE)



Limoges is a historic and cultural city in west-central France, famous for its porcelain, fire arts, and rich architectural heritage.

Located in the Haute-Vienne department, in the Nouvelle-Aquitaine region, Limoges covers 79.71 km² with an altitude varying from 209 to 431 meters. The city has a population of approximately 129,760 (known as Limougeauds).

It serves as the hub of the Limoges Métropole urban area, which has a population of over 280,000.



RECEPTION ARRANGEMENTS

ACCOMODATION

Participants will be accommodated at the IBIS Styles hotel, located in the city center, in double room with twin beds and a bathroom. The entire training course will take place at the hotel; we will have a room at our disposal.

More info [HERE](#)



CATERING SERVICES

Food will be provided for you for the whole duration of the training. We will have meals at the hotel starting with dinner on the 5th of April until breakfast on the 11th of April. During breakfast you can choose what you want to eat from a buffet. Lunch and dinner will be in the restaurant ANTIQ located in the hotel. During breaks, drinks (coffee, tea, soft), fruit, and cookies will be provided, along with food from each country.

More info [HERE](#)

WHAT TO BRING?



A food item from your place to share with others during coffee breaks



Toiletries



Insurance card (European Health Insurance Card), passport



Your smile and positive vibes

HOW TO APPLY?

Applications for this training course will be open once it gets approved by our National Agency.

Once you are selected, your sending organization will give you the link to our information form.

For any questions related to the application, please contact us at

info.casacolumba@gmail.com

SEE YOU SOON IN LIMOGES

