



Filoxenia
Intercultural-Environmental Organisation
Email: hana@filox.org
<https://filox.org/>
Kryoneri Korinthias, Greece

INFOPACK

Training Course

“EKOFILE”

When: 26th September – 3rd October 2026

Where: Kryoneri Korinthias (Greece)



Co-funded by
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Hosting organisation: FILOXENIA, Intercultural-Environmental Organisation

Coordinating organisation: Elisson gUG / An Intercultural North-South Connection,
Berlin, Germany, <https://elisson.org/>

TOPIC: EKOFILI is a training course focused on environmental education, sustainability and practical green solutions in youth work. It brings together youth workers, educators and volunteers who want to gain new knowledge, practical skills and inspiration for creating a more sustainable future.

During the TC, participants will explore **green energy, eco-friendly practices, environmental awareness and innovative methods** that can be used when working with young people. The programme combines learning with hands-on experience, allowing participants not only to discuss sustainability but also to put ideas into practice.

A special focus will be placed on **practical DIY solutions**, including building simple solar-powered devices and exploring ways to make youth spaces and everyday environments more environmentally friendly.

Through workshops, outdoor activities, group work and the exchange of good practices, participants will develop new tools and ideas that they can take back to their organisations and communities. The seminar will also create space for **international cooperation, sharing experiences and developing new green initiatives together**.

Partners: We are open to cooperation with organisations from EU and Erasmus+ partner countries, including Iceland, Norway and other eligible countries.

TARGET GROUP:

Youth workers, educators, trainers and volunteers working with young people, interested in **environmental education, sustainability and green practices**.

Participants: 27 in total

Participants per country: 2-4

Ages: +18

Through this training course, we aim to:

- Raise awareness about environmental issues and sustainability
- Explore green energy and eco-friendly solutions
- Develop practical tools and methods for youth work
- Gain hands-on experience through creative DIY activities
- Inspire participants to create greener spaces and communities
- Exchange good practices and ideas with international partners



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The training course will directly address the following needs:

- The need for practical knowledge and tools for environmental education
- The need to better understand and apply sustainable and eco-friendly practices
- The need for creative methods and activities to engage young people in environmental topics
- The need for practical experience with green energy and DIY solutions
- The need to make youth work environments and infrastructure more sustainable
- The need for international exchange, cooperation and sharing of good practices

For the youth workers:

- Gain practical tools and methods for environmental education
- Learn how to engage young people in sustainability and green practices
- Explore creative workshops and hands-on activities
- Discover simple DIY and green energy solutions for youth work
- Get inspired by international good practices and new ideas

To meet these needs, the TC will focus on three key areas:

- Environmental Education & Sustainability
- Green Energy & Eco-Friendly Solutions
- Practical Tools, DIY Activities & Green Youth Work



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LOGISTICS:

1.) Project venue & Accommodation

Hostel Elisson

Kryoneri Korinthias, 20200, Greece

<https://elisson.gr/>



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- Participants will be accommodated in 2, 4 and 6-persons' rooms.
- The bed linen and towels are provided. Each room has its own bathroom.
- Wifi access.
- 3 meals during the day are provided.
- Smoking cigarettes or e-cigarettes inside the building of the Hostel is strictly forbidden. There is a smoking area outside the building.
- Before the arrival of the participants, the Hostel needs to be informed regarding the special food requirements (in case of allergies) for each participant or individual needs (vegan, vegetarian etc.).
- In Greece there is a law ordering "hours of common silence" (siesta), which means that between 3:30-5pm and 10pm-7:30am it is not allowed to be loud in public spaces, meaning also in common areas of the Hostel.

2.) How to get to Kryoneri Korinthias? Directions:

Airport:

The closest airport is Athens International Airport "Eleftherios Venizelos" (149 km)

Train:

From Athens airport to Kryoneri, get off on the train **PROASTIAKOS (ΠΡΟΑΣΤΙΑΚΟΣ)** to **KIATO** (terminal station). You will have to change train at the station ANO LIOSIA. Going to the exit of the airport, you will easily find the desk where you can get your train ticket (13 euros, one way trip).



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You can book your ticket online here: <https://www.hellenictrain.gr/en/ticket-purchase>
Afterwards you can take a taxi from Kiato, or we can pick you up with our own minibus to Kryoneri (15 km). You follow the same route on the way back.

3.) Venue Arrival and Departure

Date of arrival: 26.09.2026 before 20:00 p.m.

Date of departure: 03.10.2026 after 9:00 a.m.

Please, try to book flights between these hours, so we are able to arrange your transportation from Kiato station to Kryoneri.

4.) Travel Costs:

“A lump sum depending on the distance between your city and the venue of the activity, calculated using the official [Erasmus+ distance calculator](#), and on the means of transport: if it is green (bus, train, bike, car-pooling)

Venue of the activity: Kryoneri 20015 Municipal Unit of Sikyona

Travel Distance	Green Travel	Non-green Travel
10-99 km	56€	28€
100-499 km	285€	211€
500-1999 km	417€	309€
2000 - 2999 km	535€	395€
3000 - 3999 km	785€	580€
4000 - 7999 km	1188€	1188€
8000 km or more	1735€	1735€



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4.) Contact

Contact person in case of further information:

*Hana Sebestova, hana@filox.org,
+306955292749*

5.) Important Information

A **30 € participation fee** will be requested from each participant. The fee will contribute to the costs of a professional trainer from a Technical University in Athens, as well as the additional materials needed for the seminar, particularly for the hands-on construction of solar panels and other practical activities.



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